









BPNN Health Goal:  
Improve the physical health and emotional wellness of community residents in Brighton Park.

Strategies	Outcomes/ Indicators & Data Source for Indicators	Activities 2017	Activities 2018	Activities 2019
Increase access to and use of preventative health care services	Improve nutrition (# who consume 5 fruits/ veggies daily); Data Source: BPNC Healthy Trends Survey	Provide Health workshops to 600 residents. FUNDED	Provide Health workshops to 800 residents. NOT FUNDED	Provide Health workshops to 1000 residents. NOT FUNDED
	Lower obesity levels of those that attend annual checkup visits (BMI); Data Source FQHCs	Provide healthy cooking demonstrations to 600 residents. FUNDED	Provide healthy cooking demonstrations to 800 residents. NOT FUNDED	Provide healthy cooking demonstrations to 800 residents. NOT FUNDED
	Host community health fair for 375 residents.	Host community health fair for 375 residents. FUNDED (BPNC)	Host community health fair for 450 residents. NOT FUNDED	Host community health fair for 550 residents NOT FUNDED
	Increase physical activity (# hours physical activity per week); Data Source: BPNC Health Trends Survey	Provide free exercise classes across the community for 150 adults. FUNDED (BPNC)	Provide free exercise classes across the community for 150 adults. FUNDED (BPNC)	Provide free exercise classes across the community for 150 adults. FUNDED (BPNC)
	Provide sport activities for 1000 students.	Provide sport activities for 1000 students. FUNDED 	Provide sport activities for 1000 students. FUNDED	Provide sport activities for 1000 students. FUNDED
	Increase annual checkup visits as preventative care measure (# who goes for annual check up); Data Source: FQHCs	Enroll 200 new people in healthcare insurance. FUNDED (BPNC)	Enroll an additional 200 new people in healthcare insurance. NOT FUNDED	Enroll an additional 200 new people in healthcare insurance. NOT FUNDED
	Create a one-page handout of service providers, insurance accepted, specialty care services, and fees	Create awareness of financial assistance (ex. Charity Care, Carelink)—educate 600 adults \$\$\$	Continue to create awareness of financial assistance (ex. Charity Care, Carelink) to residents \$\$\$	Continue to create awareness of financial assistance (ex. Charity Care, Carelink) to residents \$\$\$
Increasing access to and use of mental health services.	Increase appointment capacity for mental health services Data Source: FQHCs	Determine appointment capacity for mental health services	Expand from 3 bilingual, bi-cultural community-based mental health counselors for adults to 5 counselors (sliding scale). NOT FUNDED 	Expand from 5 bilingual, bi-cultural community-based mental health counselors for adults to 6 counselors. NOT FUNDED
		Expand from 3 school-based counselors to 4 SBC's. FUNDED  	Expand from 4 school-based counselors to 5 SBC's NOT FUNDED  	Expand from 4 school-based counselors to 5 SBC's. NOT FUNDED  
	Increase awareness of and referrals to mental health services Data Source: 1) BPNC Survey # of respondents who say they “do not know where to go	Develop a tool to gauge BPNN members’ knowledge of mental health services available.	Provide workshops on ACES and Trauma to institutions providing services to youth (e.g., Park District, soccer leagues, little league). NOT FUNDE	

	for services”, 2) Number of referrals tracked through MH referral system	Provide workshops on ACES and Trauma to 600 residents. PARTIALLY FUNDED🎓☺	Provide workshops on ACES and Trauma to 800 residents. NOT FUNDED🎓☺	Provide workshops on ACES and Trauma to 1000 residents. NOT FUNDED🎓☺
	Decrease hospitalization rates for mental health services Data Source: Hospitals number of Emergency Dept. MH visits	Provide workshops on mental health topics to 600 residents. FUNDED🎓☺	Provide workshops on mental health topics to 800 residents. PARTIALLY FUNDED🎓☺	Provide workshops on mental health topics to 1000 residents. PARTIALLY FUNDED🎓☺

CAMPAIGNS:

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